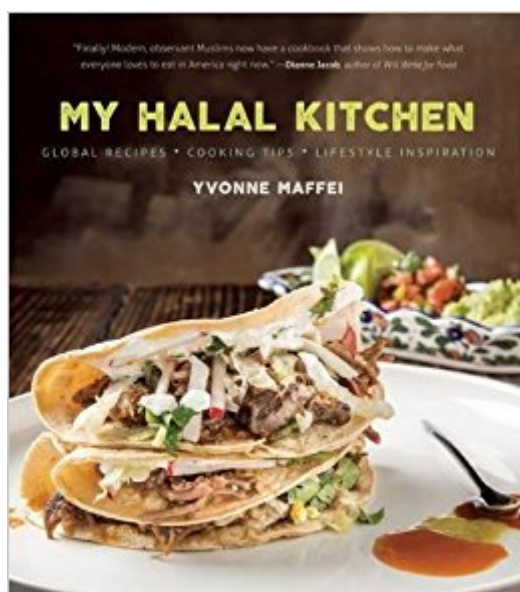


The book was found

My Halal Kitchen: Global Recipes, Cooking Tips, And Lifestyle Inspiration



Synopsis

Yvonne Maffei is the founder of the hugely popular cooking blog and Islamic lifestyle website My Halal Kitchen. Her new book, *My Halal Kitchen: Global Recipes, Cooking Tips, and Lifestyle Inspiration*, celebrates halal cooking and shows readers how easy it can be to prepare halal meals. Her cookbook collects more than 100 recipes from a variety of culinary traditions, proving that halal meals can be full of diverse flavors. Home cooks will learn to make classic American favorites and comfort foods, as well as international dishes that previously may have seemed out of reach: Coq without the Vin, Shrimp Pad Thai, Chicken Tamales, and many more. The book also includes resources that break down the basics of halal cooking and outline common non-halal ingredients, their replacements, and how to purchase (or make) them. As Maffei often says to her million-plus social media followers, halal cooking elegantly dovetails with holistic living and using locally sourced, organic ingredients. In the halal tradition, every part of the farm-to-fork cycle has importance. This book is an ideal resource not only for Muslim home cooks, but also for any home cook looking to find delicious and healthy recipes from around the globe.

Book Information

Hardcover: 224 pages

Publisher: Agate Surrey (July 12, 2016)

Language: English

ISBN-10: 1572841745

ISBN-13: 978-1572841741

Product Dimensions: 8.1 x 0.9 x 9.1 inches

Shipping Weight: 2 pounds (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 9 customer reviews

Best Sellers Rank: #703,658 in Books (See Top 100 in Books) #166 in [Books > Cookbooks, Food & Wine > Regional & International > Middle Eastern](#) #265 in [Books > Cookbooks, Food & Wine > Regional & International > International](#) #2148 in [Books > Cookbooks, Food & Wine > Baking](#)

Customer Reviews

Praise for Yvonne Maffei, her blog, and her book, *My Halal Kitchen*: “Yvonne Maffei . . . writes a popular cooking and nutrition blog, *My Halal Kitchen*, from her home north of Chicago. . . . Her simple recipe for medjools drizzled with tangy crÃ©me fraÃ®che is excellent for transforming date doubters into date lovers.” —Julia Moskin, *The New York*

Times” “Simple, family-friendly recipes shine in My Halal Kitchen, a cookbook that is at once exciting and approachable. She takes you on trip around the world from the family dinner table.”

• Jennifer McGruther, cookbook author and founder of NourishedKitchen.com “An approachable introduction to halal home cooking for Muslim and non-Muslim families alike.”

• Library Journal “[My Halal Kitchen] is a compendium of modern global classics, rendered halal through Maffei’s creative substitutions and described with the same cheery enthusiasm telegraphed in conversation by their author.”

• Epicurious.com “Finally! Modern, observant Muslims can celebrate (with non-alcoholic bubbly, of course) a cookbook that shows how to make what everyone loves to eat in America right now.”

• Dianne Jacob, author of Will Write for Food: The Complete Guide to Writing Cookbooks, Blogs, Memoir, Recipes, and More “I love eating out, but I’m glad to have this manual to halal home cooking! This book teaches you cooking and eating halal from A to Z.”

• Sameer S. Sarmast, host of halal food show Sameer’s Eats “Maffei’s approach is one of abundance and creativity. . . . My Halal Kitchen presents readers whether Muslim or those simply interested in considering their food choices more carefully with a vast array of options that can redefine one’s relationship with the kitchen.”

• Shelf Awareness “Maffei shatters the notion that a halal diet means shunning dishes like pepperoni pizza.”

• Chicago magazine “This truly impressive and illustrated culinary compendium provides an informative overview of halal food and cooking. . . . Very highly recommended.”

• Midwest Book Review “The research that has been put into this book shines through and deserves much appreciation and respect not only from the Muslim community but any conscientious foodie. . . . It is a true treasure.”

• Eat. Drink. Pure. “An ideal resource not just for Muslims, but for any home cook searching for delicious and healthy recipes from a variety of culinary traditions.”

• Dawn “[Maffei’s] new cookbook celebrates halal cooking and shows readers how easy it can be to prepare halal meals.”

• Eat Your Books “You’ll hear Maffei’s passion and intelligence, and whatever your religious persuasion you’ll no doubt relate to her motives: to find a deep and meaningful connection to the world.”

• Alison Cuddy, WBEZ-FM “A cook, food writer, and self-described Halal foodie.”

• CBS News

Yvonne Maffei is the founder of the hugely popular cooking blog and Islamic lifestyle website MyHalalKitchen.com. She has earned a vast following in the United States and internationally,

including a Facebook page totaling nearly one million likes. Born in Ohio to Sicilian and Puerto Rican parents, Maffei developed a love of many diverse culinary styles. Between her B.A. and M.A. in International Studies at Ohio University and trips spanning the globe, Maffei honed her cooking skills and ability to adapt a wide range of cuisines to her family's dietary customs. Her recipes specialize in adhering to halal standards while also focusing on all-natural, organic ingredients. She currently lives with her family outside Chicago, IL.

I recently received my copy of this cookbook in the mail, and I'm thrilled!! I've been a frequent visitor of myhalalkitchen.com for a few years now, so I was very excited when I found out Yvonne Maffei was publishing a cookbook. The same creativity and precision which is evident on the website can be found in this book. The layout is gorgeous with elegant designs and beautiful (and mouthwatering) pictures. The cookbook features recipes from various ethnic cuisines and shows how to make popular dishes in a halal way without using pork or alcohol. I recently made the coconut balls as a dessert, and they were an absolute hit! With its hardcover, glossy pages, beautiful layout, and delicious recipes, this cookbook makes an excellent gift for anyone!

I am so excited! I have waited for this book for about a year and it is finally published! So great for my friend that eats halal and American.

This is honestly a great book! Recipes are easy to follow and the ones that I tried ALL came out delicious, lots of variety when it comes to the recipes. I highly recommend this book.

I absolutely love this book! And the kindle version makes it even more versatile to bring into my travels and still be able to pull up a delicious recipe. I also enjoyed the straightforward explanations on how to recreate traditional recipes into halal versions and using simple substitutes. Highly recommended to all households!

Fantastic cookbook!! Very informative about Halal cooking and delicious recipes inside. I highly recommend!!

Great ideas for substitutions and lovely recipes-my husband loved the simmered pears and the shrimp pad thai came out great! Looking forward to trying some more!

Have not used recipes yet but happy to have this publication.

I love it, height quality pics with great recipes

[Download to continue reading...](#)

My Halal Kitchen: Global Recipes, Cooking Tips, and Lifestyle Inspiration Southern Cooking: Southern Cooking Cookbook - Southern Cooking Recipes - Southern Cooking Cookbooks - Southern Cooking for Thanksgiving - Southern Cooking Recipes - Southern Cooking Cookbook Recipes The Haven's Kitchen Cooking School: Recipes and Inspiration to Build a Lifetime of Confidence in the Kitchen Vegan Thanksgiving Recipes- Vegan's Way Healing Holiday (Halal): 50 Recipes Cast Iron Recipes Cookbook: 50 Most Delicious of Cast Iron Recipes (Cast Iron Recipes, Cast Iron Cookbook, Cast Iron Cooking, Cast Iron Cooking Recipes): ... Recipes (Easy Recipes Cookbook Book 2) The Boat Galley Cookbook: 800 Everyday Recipes and Essential Tips for Cooking Aboard: 800 Everyday Recipes and Essential Tips for Cooking Aboard (International Marine-RMP) Cooking for One Cookbook for Beginners: The Ultimate Recipe Cookbook for Cooking for One! (Recipes, Dinner, Breakfast, Lunch, Easy Recipes, Healthy, Quick Cooking, Cooking, healthy snacks, deserts) Cooking for Two: 365 Days of Fast, Easy, Delicious Recipes for Busy People (Cooking for Two Cookbook, Slow Cooking for Two, Cooking for 2 Recipes) A Kitchen in Tunisia: Tunisian Recipes from North Africa (Tunisian Recipes, Tunisian Cookbook, Tunisian Cooking, Tunisian Food, African Recipes, African Cookbook, African Cooking Book 1) Low Carb Recipes: American Cooking Recipes - Paleo Diet Cookbook for Healthy Eating, Quick and Easy Recipes, Weight Loss Cooking Recipes, Salad, 130+ Additive Free, American Recipes Indonesian Cookbook: 20 Indonesian Kitchen Recipes (Indonesian Cuisine, Indonesian Food, Indonesian Cooking, Indonesian Meals, Indonesian Kitchen, Indonesian Recipes) Muslim Rap, Halal Soaps, and Revolutionary Theater: Artistic Developments in the Muslim World Southeast Asian Cooking: Bundle of 120 Southeast Asian Recipes (Indonesian Cuisine, Malaysian Food, Cambodian Cooking, Vietnamese Meals, Thai Kitchen, Filipino Recipes, Thai Curry, Vietnamese Dishes) Enjoy Amazing Halal Sex!: Make Her Squirt Camping Cookbook: Camping Recipes Made Easy: 50 Recipes! Featuring Foil Packet Recipes, Dutch Oven Recipes, Campfire Grilling Recipes, and Campfire Cooking Recipes Welcome to Wok World: Unlock EVERY Secret of Cooking Through 500 AMAZING Wok Recipes (Wok cookbook, Stir Fry recipes, Noodle recipes, easy Chinese recipes ,...) (Unlock Cooking, Cookbook [#2]) Cooking for One: 365 Recipes For One, Quick and Easy Recipes (Healthy Cooking for One, Easy Cooking for One, One Pot, One Pan) Paleo Recipes for Beginners: 220+ Recipes of Quick & Easy Cooking, Paleo Cookbook for Beginners, Gluten Free Cooking,

Wheat Free, Paleo Cooking for ... Diet,Antioxidants & Phytochemical (Volume 5) Paleo Recipes for Beginners: 230+ Recipes of Quick & Easy Cooking, Paleo Cookbook for Beginners,Gluten Free Cooking, Wheat Free, Paleo Cooking for One, Whole Foods Diet,Antioxidants & Phytochemical Paleo Recipes for Beginners: 220+ Recipes of Quick & Easy Cooking, Paleo Cookbook for Beginners,Gluten Free Cooking, Wheat Free, Paleo Cooking for One, Whole Foods Diet,Antioxidants & Phytochemical

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)